

BRC TARGET POPULATION UPDATE (Field 31)

REQUIRED

DEFINITION:

This is an overall clinical assessment of service needs and should reflect the *current* rating of the consumer's needs (the six month update). The BRC Target Groups are intended to provide a frame of reference and an indication of expected need as well as an overall assessment of consumers' service needs at a point in time.

Persons in Need of Ongoing, High Intensity, Comprehensive Services - have a primary diagnosis of a major mental illness or severe emotional disturbance, and they have substantial needs for psychiatric and medical treatment, including substance abuse, daily living skills, budgeting, job training, family support and support at school. Some may have a history of trauma, such as physical or sexual abuse or neglect, which contributes to the mental health problem. Persons in this category may need help to access community resources, such as safe, affordable housing, benefits and entitlements, and legal assistance. They need support and assistance in combating stigma and discrimination. Without ongoing, comprehensive services, these persons will be at the highest risk for increased psychiatric hospitalizations or extensive reliance on placement in nursing homes, child-caring institutions, and other supervised settings; confinement in jail; homelessness; and increased harm to self.

These persons will sometimes experience acute psychiatric crises as a result of increases in symptoms of mental illness or environmental stresses. Because some may be reluctant to access mental health or other services, extensive outreach may be needed to engage them into services. The person and family need ongoing, comprehensive treatment and intensive community support and wraparound services to help them achieve and maintain a more stable level of functioning and a lifestyle relying more on natural supports and less on formal mental health services.

Persons in Need of Ongoing Low Intensity Services - have a diagnosed mental disorder. They function in a fairly stable manner but may occasionally experience acute psychiatric crises. Some may have a history of trauma, such as physical or sexual abuse or neglect, which contributes to the mental health problem. These persons need services such as ongoing medication management (prescription, evaluation, and monitoring), case management, and/or periodic support contacts. With the benefit of such services, they are usually able to live relatively independently and have good potential for recovery and increasing success in community living. Without ongoing supports and services, however, they can be at a serious risk for relapse and for much more costly treatment, including intensive crisis intervention and psychiatric hospitalization.

Persons in Need of Short-Term Situational Services - experience situational crises, such as divorce, death of parent, spouse or significant other, or severe trauma, such

BRC TARGET POPULATION UPDATE (Field 31) - continued

DEFINITION: counseling services. Due to the situational difficulties, these persons may experience temporary difficulties in their vocational, educational, family, or social roles. They may also experience acute psychiatric crises. They endanger themselves or others. Without appropriate, early identification and diagnosis, short-term counseling, and treatment the person's mental status and role functioning may be at risk of further deterioration. Appropriate identification of mental health problems in this population is critical because they are often first seen in non-mental health settings.

CODES:

- 1 Persons in Need of Ongoing, High Intensity, Comprehensive Services
- 2 Persons in Need of Ongoing, Low Intensity Services
- 3 Persons in Need of Short-Term Situational Services

NOTES:

PURPOSE: To determine differences in the service needs of people within the public mental health system. Monitor, review and assess change.

PSYCHOSOCIAL AND ENVIRONMENTAL STRESSORS - DSM IV, AXIS IV (Field 32)**REQUIRED**

DEFINITION: Current problems that may affect the diagnosis, treatment and prognosis of mental disorders.

<u>CODES:</u>	Code	Label	Acute Events	Enduring Circumstances
	1	None	No acute events that may be relevant to the disorder.	No enduring circumstances that may be relevant to the disorder.
	2	Mild	Such as broke up with boy or girlfriend; started or graduated from school; child left home.	Such as family arguments; job dissatisfaction; residence in high crime neighborhood.
	3	Moderate	Such as marriage; marital separation; loss of job; retirement; miscarriage.	Such as marital discord; serious financial problems; trouble with boss; being a single parent.
	4	Severe	Such as divorce; birth of first child; trauma victim; witnessing violence (community or domestic).	Such as unemployment; poverty.
	5	Extreme	Such as death of spouse; serious physical illness diagnosed; victim of rape.	Such as serious chronic illness in self or child; ongoing physical or sexual abuse.
	6	Catastrophic	Such as death of child; suicide of spouse; devastating natural disaster.	Such as captivity as hostage; concentration camp experience.
	0	Inadequate Information		

NOTES: Further description of problems can be found in the Diagnostic and Statistical Manual of Mental Disorders (DSM-IV); relates not only to acute events but also to enduring circumstances.

PURPOSE: Provides well accepted information regarding level of stress and gives a more complete picture of the population being served.

GLOBAL ASSESSMENT OF FUNCTIONING - DSM IV, AXIS V (Field 33)

REQUIRED

DEFINITION: The clinician's judgment of the individual's current overall psychological, social and occupational improvement/status.

<u>CODES:</u>	Code	Description
	91 +	Superior functioning in a wide range of activities
	81-90	Absent or minimal symptoms, good functioning in all areas
	71-80	If symptoms are present, they are transient and expectable reactions to psychosocial stressors
	61-70	Some mild symptoms
	51-60	Moderate symptoms
	41-50	Serious symptoms
	31-40	Some impairment in reality testing or communication
	21-30	Behavior is considerably influenced by delusions or hallucinations
	11-20	Some danger of hurting self or others
	01-10	Persistent danger of severely hurting self or others
	0	Inadequate information

NOTES: Further description of the GAF Scale can be found in the DSM-IV.

PURPOSE: Monitor, review and assess change in an individual's goal attainment over time. Proxy for adequacy of services and supports that are provided, given current functioning and symptoms.

HEALTH STATUS (Field 34)

REQUIRED

DEFINITION: This domain refers to the consumer's current physical health.

CODES:

- | | | |
|---|--|---|
| 1 | No Health Condition | |
| 2 | Stable/Capable
Person is capable of seeking medical attention and is independent in management of health condition. | Stable Health Conditions
Has a health condition(s) and is stable. Minimal medical interventions are needed. No hospitalizations or emergency room use. Medications and treatments are effective in managing or alleviating symptoms. Examples of these conditions could be hypertension, diabetes, cardiac disease, fibromyalgia, multiple sclerosis, cerebral palsy, cystic fibrosis, stroke, arthritis, and infections. This is not an inclusive list. |
| 3 | Stable/Incapable
Person is incapable or unwilling to seek medical attention and cannot manage health condition independently. | |
| 4 | Unstable/Capable
Person is capable of seeking medical attention and is independent in management of health condition. | Unstable Health Conditions
Has a health condition(s) and is unstable. Frequent medical interventions are needed. Person may have periodic hospitalizations and emergency room use. Medications may change often in an attempt to stabilize medical condition(s). If more than one health condition, may result in complex medical treatments. Examples of these conditions could be hypertension, diabetes, cardiac disease, fibromyalgia, multiple sclerosis, cerebral palsy, cystic fibrosis, stroke, quadriplegia, paraplegia, osteoporosis, arthritis, and infections. This is not an inclusive list. |
| 5 | Unstable/Incapable
Person is incapable or unwilling to seek medical attention and cannot manage health condition independently. | |
| 6 | New Symptoms/Capable
Person is capable of seeking medical attention and independently follows through with recommendations. | New Symptoms
Person has new symptoms not related to currently diagnosed health conditions. This could include frequency of urination, bowel changes (diarrhea or constipation), skin changes, falls, dizziness, weight loss/gain, fatigue, pain, tremors, loss of vision/hearing, infections. This is not an inclusive list. |
| 7 | New Symptoms/Incapable
Person is incapable or unwilling to seek medical attention and does not follow through with recommendations. | |
| 9 | Unknown | |

NOTES: This field is not intended to reflect the availability of service or the ability of the

Field 35

HEALTH CARE APPOINTMENT (Field 35)

REQUIRED

DEFINITION: This domain refers to whether the consumer has accessed health care in the past six months.

CODES: Enter three.

	Kept Appointment or No Appointment Needed	Unable to Access Needed Services	Did Not Keep or Refused Appointment	Unknown
Health Care Appointment	1	2	3	9
Vision Care Appointment	1	2	3	9
Dental Care Appointment	1	2	3	9

PURPOSE: Evaluate links to Primary Care. (This is a recommended MH / AODA Managed Care performance indicator.) Track access and delivery of primary health care among public mental health consumers.

SUICIDE RISK (Field 36)**REQUIRED**

DEFINITION: Identify the presence of suicide risk factors and reflect the current status.

CODES:

Code	Label	Definition
1	No risk factors	
2	Presence of risk factors	<p>Presence of risk factors, but no immediate risk. Risk factors include:</p> <ul style="list-style-type: none"> •One or more diagnosable mental or substance abuse disorder •Family history of mental or substance abuse disorder •Family history of suicide •Firearm in the home •Incarceration •Adverse life events/major personal loss •Family violence, including physical or sexual abuse
3	High potential for suicide	<p>Has at least one of these risk factors:</p> <ul style="list-style-type: none"> •Development of suicidal plan, acquiring the means, "rehearsal" behavior, setting a time for an attempt •Severe hopelessness •Presence of a suicide note •Contemplation or use of a violent or especially lethal method •Affirmation of intent to kill self •Making out a will or giving away favorite possessions •Inappropriately saying goodbye •Explicit statements of suicidal ideation or feelings
9	Unknown	

RESIDENTIAL ARRANGEMENT (Field 37)**REQUIRED**

DEFINITION: The category that describes the consumer's current residential situation.

<u>CODES:</u>	Code	Label	Definition/Example
	1	Street or shelter	Homelessness
	2	Private residence or household	Such as apartment or house; owned, rented or other
	3	Supported or semi supervised residence	Board and care, supervised apartments, YMCA/YWCA, safe house for children
	4	Specialized facility - on-site supervision	Such as assisted living facility, residential care apartment complex, adult family home, CBRF, halfway house, group home, adult foster home, foster/respite care, treatment foster care, residential care center, domestic abuse shelter
	5	Other institution	Such as hospital, nursing home, IMD, DD center, state institution
	6	Jail or correctional facility	

PURPOSE: Describes where the person lives and change of that residence over time.

DAILY ACTIVITY (Field 38)**REQUIRED**

DEFINITION: The current planned activity (including education) of the consumer. Does not include employment activities. Must enter one and may enter up to three codes.

<u>CODES:</u>	Code	Label	Definition
	1	No educational, social, or planned activity	Not in job training; not in school
	2	Part-time educational activity	Part-time appropriate to the type of school (elementary, high school, college, technical)
	3	Full-time educational activity	Full-time appropriate to the type of school (elementary, high school, college, technical)
	4	Meaningful social activity	Socializing, support network, routine

Field 39

EMPLOYMENT (Field 39)

REQUIRED

DEFINITION: The current paid employment activity of the consumer.

<u>CODES:</u>	Code	Label	Definition
	1	Competitive	Employment (part or full-time) in a real (i.e., market) job
	2	Temporary	Include seasonal employment
	3	Supported	Competitive employment with ongoing long-term support (i.e., the consumer and their employer are actively supported by a CSP team) support to structure the job or work environment
	4	Sheltered	Remunerative employment or other occupational rehabilitating activity of an educational or therapeutic nature
	5	Prevocational activity	Job training, transitional
	6	Not working	Wants to work, looking for work and available to accept a job
	7	Unemployed	Includes "uninterested in working"
	8	Respected status	Homemaker, student, caregiver
	9	Not in the labor force	Institution resident, incarcerated, other
	99	Unknown	

PURPOSE: Provides a measure of consumer's level of independence.

EMPLOYMENT LEVEL (Field 40)

REQUIRED

DEFINITION: If employed, indicate the hours worked in the following categories.

<u>CODES:</u>	Code	Label	Definition
	1	Full-time	Totaling 35 or more hours per week. Includes working both full-time and part-time jobs
	2	Part-time	20 - 34 hours per week
	3	Other part-time	Less than 20 hours per week

COMMITMENT STATUS UPDATE (Field 41)

REQUIRED

DEFINITION: Voluntary - a person who voluntarily seeks service.

Involuntary Civil - a person committed for a noncriminal proceeding whether for purposes of examination and observation or for treatment, either by a physician's certificate, a court proceeding, or police or related agencies.

Involuntary Criminal - a person committed pursuant to one of the following:

- Charges and/or convictions pending, determination of competency to stand trial
- found "not guilty by reason of insanity" or "guilty but insane"
- transfers from correctional institutions

<u>CODES:</u>	
1	Voluntary
2	Voluntary with Settlement Agreement
3	Involuntary Civil - Chapter 51
4	Involuntary Civil - Chapter 55
5	Involuntary Criminal

NOTES: This field relates specifically to CH 51 and CH 55 and represents an updated

INCARCERATION/INVOLVEMENT WITH CRIMINAL JUSTICE SYSTEM (Field 42)**REQUIRED**

DEFINITION: Within the last six months. Must enter one (1); may enter up to four (4).

Probation	The court sentences a person to probation with certain requirements: i.e., sentenced to five years probation; have to report regularly to probation officer; have to attend AODA treatment; have to provide restitution, etc. If a person fails his/her probation, they have to go through the court system and be sentenced again.
Jailed	Means county jails.
Imprisoned	Means state or federal prisons.
Parole	Already imprisoned and is let out before the entire sentence time has been completed. Parole has certain requirements that may include: regular meetings with parole officer, doing random urine tests for drugs, etc. If a person fails on parole, he/she is immediately returned to prison.
Juvenile Justice System	<ul style="list-style-type: none"> Juvenile Correction Institution (JCI) Youth Corrective Sanctions Program (YCSP) = in-home intensive community based programming for youth who have been in JCI Youth Leadership Training Center (YLTC) = 4-5 month residential program for male youth ages 14-17

CODES:

Code	Term
1	None
2	On probation
3	Arrest(s)
4	Jailed/Imprisoned
5	On parole
6	Juvenile justice system contact
9	Unknown

Field 43

FINANCIAL SUPPORTS (Field 43)

REQUIRED

DEFINITION: Identify the consumer's primary source(s) of financial support. Must enter one (1), may enter four (4); include all that apply for the current point in time.

CODES:

- 1 Paid employment
- 2 Social Security retirement benefits/pension
- 3 Government disability support - Supplemental Security Income (SSI), SSDI
- 4 Disability payments - VA or private policy
- 5 Worker's compensation
- 6 Food stamps
- 7 Temporary Assistance for Needy Families (TANF) - formerly AFDC
- 8 Trust funds/savings income
- 9 Alimony/maintenance, child support
- 10 Unemployment compensation
- 11 Relatives and/or spouse
- 12 Rent supplements - HUD, Section 8
- 13 County cash assistance - county replacement for General Relief
- 14 None
- 99 Unknown

PURPOSE: Provides information on how individuals support themselves.